



WINGSPREAD

RANDOLPH AIR FORCE BASE

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Capt. Ronald Pethoud, 12th Flying Training Wing Security Forces training pipeline manager, has his sights set and prepares to fire at his target downrange while qualifying on his M-9 pistol at the firing range here last week. Security forces and those preparing to deploy are required to qualify on the M-9 pistol and M-16 rifle each year.

Photo by Joel Martinez

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TRAINING THE WORLD'S FINEST AIRMEN FOR TOMORROW ... DEPLOYING COMBAT-READY WARRIORS TODAY.

NEWS

SECDEF recommends pair as new Air Force leaders

WASHINGTON - Defense Secretary Robert M. Gates recommended to President Bush Monday his nominations for the top civilian and military leadership positions in the Air Force. Secretary Gates recommended Michael Donley to serve as secretary of the Air Force and Gen. Norton Schwartz to serve as chief of staff.

Mr. Donley is director of administration and management for the Department of Defense, essentially charged with running the Pentagon and its many complex operations.

He served as assistant secretary of the Air Force for Financial Management in the first Bush Administration and, for a period, as acting secretary of the Air Force. Secretary Gates designated Mr. Donley as acting secretary of the Air Force effective June 21.

General Schwartz is commander



Michael Donley



Gen. Norton Schwartz

of U.S. Transportation Command, which is in charge of the Defense Department's extensive transportation network and worldwide opera-

tions. Prior to that, General Schwartz served in senior joint military positions as director of the Joint Staff, director of operations for the Joint

Staff and deputy commander of Special Operations Command.

Secretary Gates also recommended Air Force Vice Chief of Staff Gen. Duncan McNabb to succeed General Schwartz at U.S. Transportation Command and for the president to nominate Lt. Gen. William Fraser III as the next Air Force vice chief of staff. General Fraser is now the assistant to the chairman of the Joint Chiefs of Staff. In that role he is the chairman's chief liaison and adviser on international relations and political-military matters.

"I'm confident that Mike Donley, General Schwartz and the new Air Force leadership team have the qualifications, skill and commitment to excellence necessary to guide the Air Force through this transition and beyond," Secretary Gates said.

Enlisted members give highest honor to AETC commander

By Tech. Sgt. Mike Hammond

Air Education and Training Command Public Affairs

The commander of Air Education and Training Command received the highest honor the Air Force enlisted corps can bestow at a formal ceremony in San Antonio May 30.

Gen. William R. Looney III was formally presented the Order of the Sword on behalf of the men and women of AETC by the Air Force's top

enlisted member, Chief Master Sgt. of the Air Force Rodney McKinley, and Chief Master Sgt. Mark Luzader, AETC command chief master sergeant.

The Order of the Sword is patterned after an order of chivalry founded during the Middle Ages: the Swedish Royal Order of the Sword. Lower-ranking officers would honor leaders and pledge loyalty by ceremoniously presenting them with a sword. The sword – a symbol of truth, justice, and power rightfully used – served as a token of esteemed leadership.

According to Chief McKinley, General Looney's long history of caring for enlisted members made him an ideal recipient for the honor.

"General Looney did not begin caring for the enlisted force just when he arrived at AETC," Chief McKinley said at the ceremony. "He has been taking care of enlisted men and women for a very long time."

Turning to the general, Chief McKinley said, "Sir, you truly deserve this great honor."

As AETC commander, General Looney has made it a priority to secure funding for quality-of-life initiatives at the bases under his command. During his tenure, he continued the FOCUS program begun in 2002, which targets money for specific quality of life areas.

Most recently, in Fiscal 2007, the general set aside \$2 million for fitness projects, programs and equipment across the command, saying, "Our commitment is to fund not only our daily

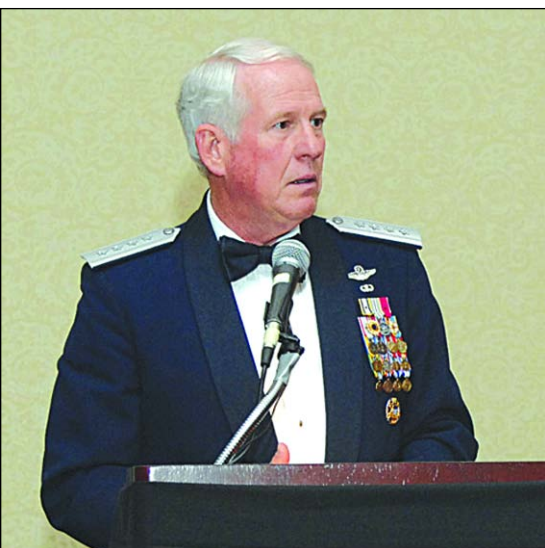


Photo by Joel Martinez

Gen. William Looney III, Air Education and Training Command commander, addresses the audience during the Order of the Sword presentation ceremony in San Antonio May 30. The general received the highest honor the enlisted corps can bestow upon its leader.

AETC plans 2009 Symposium in San Antonio

By Tech. Sgt. Mike Hammond

Air Education and Training Command Public Affairs

Air Education and Training Command officials are planning the 2009 AETC Symposium – scheduled for Jan. 15-16 at the Henry B. Gonzalez Convention Center in San Antonio.

A crowd of more than 2,000 military and civilian attendees from around the country attended the 2007 AETC Symposium, which highlighted the "First Command's" mission, initiatives and impact on the Air Force. The event concluded with the Air Force's 60th Anniversary Ball.

The upcoming event promises to be similar in the overall structure and schedule, but will feature different lectures and briefings, as well as an expected larger pool of exhibitors, according to Col. Kevin McNeight, overall coordinator for the 2009 symposium.

"Last year's event was a tremendous success," the colonel said. "We're going to make a good thing bigger and better this time."

To learn more and register for the 2009 AETC Symposium, visit <http://www.aetcsymposium.com>.

Colonel McNeight said AETC is inviting members of all commands in the Air Force, as well as international audiences, to this year's event. He said expected attendance will approach 3,000 people for the symposium and 1,500 for the AETC Ball.

See HONOR P3

Exercises for ORI will gauge wing's day-to-day readiness

By Thomas Warner

Wingspread staff writer

The 12th Flying Training Wing's ability to handle a major, off-base accident involving hazardous materials will be tested next week.

It will reflect what might be expected five months from now when the Wing's Operational Readiness Inspection happens, Nov. 16-25.

"The two major components of an ORI are compliance with directives, and readiness, which includes both deployment readiness and performance during an exercise," said Lt. Col. Andrew Taylor, 12th Flying Training Wing Inspector General.

ORI exercises are conducted to evaluate and measure the ability of a unit or base to perform in wartime, during a contingency or a force sustainment mission, according to Air Force Instruction 90-201, Inspector General Activities guidelines.

Most Air Force wings undergo an ORI approximately every three to five years and the 12th Flying Training Wing last had an ORI in the fall of 2005.

"We earned an 'excellent' on that one, but this

"The focus of our exercise program is on responding to potential contingency or emergency events and not merely preparing for an ORI exercise."

Henry King

Exercise Evaluation Team chief

time we are shooting for an 'outstanding' mark," said Maj. Roy Tate, 12th FTW Chief of Inspection and Compliance. Major Tate is working closely with Colonel Taylor to assist the wing's leaders in assessing compliance.

Exercises normally take place every other month and last up to three days, but not so beginning this August. At that point, Colonel Taylor said the 12th FTW will implement a five-day exercise in each of the final three months leading up to November.

Grades for both the local exercises and the ORI range in descending order from outstanding, excel-

lent, satisfactory, marginal, to unsatisfactory.

Typically during the ORI contingency operations portion, a wing will be evaluated and graded in three major areas including major accident response, deployment (initial response, mission support, and ability to survive and operate in a hostile environment) and protection of installation resources.

"Our exercise evaluation team consists of people with both depth and breadth of experience with exercise evaluation," said Colonel Taylor, who pointed to the wing's Exercise Evaluation Team as 'perfect' for the task.

"The focus of our exercise program is on responding to potential contingency or emergency events and not merely preparing for an ORI exercise," said Henry King, EET chief.

Colonel Taylor said being ready for life prepares Airmen for an ORI. He said everyday readiness can and will facilitate performance under pressure and that's nothing new to the 12th FTW.

"An 'outstanding' grade is possible, but that takes a great deal of commitment and clear vision of all people at the wing level," Colonel Taylor said.

HONOR from P2

business of recruiting, training and educating, but also quality-of-life programs for the command's most valuable asset – our people."

General Looney has also taken a personal interest in wounded Airmen returning to San Antonio for treatment and rehabilitation.

"As I look back, I think of individuals such as Tech. Sgt. Israel Del Toro, Staff Sgt. Matt

Slaydon and Senior Airman Dan Acosta, who went into harm's way willingly and suffered grievous, grievous injuries," the general said. "And when I met them and went to console them, I was the one who was inspired and motivated.

"The only thing they asked of me was 'General, can you please find a way to get me back and keep me in the Air Force?'" he said. "As I left that hospital, I thought to myself, 'Am

I worthy of Del Toro ... Acosta ... Slaydon?'"

The general said being presented the Order of the Sword is a highlight of his life.

"It will be a memory that will last forever – even in the twilight of my life. I will look back on this night and remember every piece and every act and every event that occurred and the honor that you have bestowed upon me," General Looney said. "And I thank you for that!"

News BRIEFS

Fisher House cookout

The Randolph Company Grade Officers' Council will host a cookout for wounded soldiers and their families at the Brooke Army Medical Center Fisher House June 28 at 5 p.m.

Volunteers are needed for setting up and cleaning up. The CGOC will sponsor the dinner. Participants should bring a dessert.

For more information, contact 1st Lt. Jennifer Ferrer at jennifer.ferrer@randolph.af.mil or call 652-6811 ext. 3021.

Youth Center dance recital

The Youth Center will hold its annual dance recital Saturday at 10 a.m. at Randolph High School. Dancers are 3-12 years of age and will perform routines in tap, ballet and jazz. This recital is free and the public is welcome.

For more information or to register for fall dance lessons, call 652-3298.

CGOC volunteers needed

Volunteers are needed for the Team Randolph Company Grade Officers' Council July 4 fundraiser booth. The fund-raising event is July 4 from 5-9:45 p.m. on the south ramp and proceeds will support dinners at the Fisher House.

To volunteer, call 2nd Lt. Bryan Hielscher at 652-4033 or e-mail bryan.hielscher@randolph.af.mil.

Mosquito magnets available

The Public Health Flight is offering mosquito magnets for use by Randolph residents. A Public Health member will set up the equipment and train the borrower on the operation and emptying procedures.

Those interested in borrowing one of these trapping devices for use at home can call Public Health at 652-2456.

MOAA luncheon

A Military Officers Association of America-Alamo Chapter luncheon takes place Thursday at 11 a.m. at the officers' club. The cost is \$14 and the guest speaker, Bexar County Assistant District Attorney Joanne Woodruff, will discuss elder fraud.

Reservations will be taken through noon on Monday by calling 210-228-9955.

Cleanup project

The American Society of Military Comptrollers will host a community cleanup project June 21

from 9 a.m. to noon at the Sunshine Plaza Apartments, 455 E. Sunshine Drive in San Antonio. The project involves light cleaning for senior residents. Students can earn a certificate for up to three hours of community service.

To volunteer, contact your respective ASMC VPs or Master Sgt. Wanda Matthew at 652-4805.

Tuskegee Airmen Convention

The 37th annual Tuskegee Airmen Convention takes place July 17-20 at the Downtown Marriott Hotel in Philadelphia, Penn.

For details, visit www.tuskegeearmen.org.

USFA instructors sought

Officers interested in serving as instructors at the U. S. Air Force Academy for the 2009-2010 school year should submit their applications to the Air Force Personnel Center here by July 15.

Instructor duty is a four-year special duty assignment available to qualified first lieutenants through lieutenant colonels.

Those interested should send their submission packages with senior rater endorsement to the Academic and Special Utilization

CONSTRUCTION ZONE

Local road closure

The low-water crossing on Aviation Blvd. over Cibolo Creek, which connects Universal City and Schertz, is closed in all directions for reconstruction. The work is expected to last at least 6 months.

CONSTRUCTION ZONE

Branch at AFPC for consideration by their respective functional development team.

The submission package includes a statement of interest, updated Airman Development Plan and copies of all undergraduate and graduate transcripts with final grade-point averages.

AFPC will notify officers of consideration via e-mail by Aug. 31.

For more information, visit the AFPC "Ask" Web site and search for "Academic," or call the Academic and Special Utilization Branch at 565-4048.

Commander's Action Line

Call 652-5149 or
e-mail randolph.actionline@randolph.af.mil

While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide

satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Jacqueline Van Ovost
12th Flying Training Wing commander



COMMENTARY

KNOW THIS: WE'RE OK

Air Force will move on from leaders' resignations

By Col. Jacqueline Van Ovost
12th Flying Training Wing commander

The news of the Air Force Secretary and Chief of Staff submitting their resignations last week took us by surprise.

There's no doubt people have been discussing the situation in work centers throughout the Air Force since the news broke. While the days ahead may hold some anxiety and uncertainty for our uniformed and civilian service members, have no doubt we remain ready and able to perform our mission.

This is a challenging time, but as we move forward it's important for us to understand why Secretary Michael Wynne and General T. Michael Moseley stepped down.

Secretary of Defense Robert Gates held our leaders responsible for lapses in discipline, compliance, focus and attention to detail in criti-

cal mission areas the Air Force performs. The Secretary and the Chief took responsibility and held themselves accountable. They stood up and did the honorable thing we hope any Airman would.

While at first this might seem to indicate serious widespread problems for our Air Force and the Department of Defense, in reality it indicates quite the opposite. A self-correcting organization like ours actually is healthy and vital to sustained excellence. While none of us would wish for this situation, we will learn from it, incorporate corrections and launch out stronger and better than ever. Our service is the best Air Force in the world. We have amazing people doing great things everyday to keep America safe and free.

We must keep our sights focused firmly on our Air Force priorities of winning today's fight, taking care of our people and preparing for tomorrow's challenges.

This occasion also gives us the opportunity to examine ourselves and the missions we conduct. It gives us pause for a critical self-assessment to assure we are maintaining total focus on every detail of our activities.

Here at Team Randolph, we expect a lot of ourselves – and rightfully so. Whether you are a member of the 12th Flying Training Wing or belong to one of our mission partner organizations, our jobs are all important to the success of our units and the Air Force as a whole.

We must live up to the responsibilities of our profession of arms and continue to adhere to our core values of integrity first, service before self and excellence in all we do. I believe Secretary Wynne and General Moseley did exactly that and set an example of leadership for us to emulate.

Keep your heads held high and be proud of what you do for your Air Force and your country.

Resignation statement from Secretary of the Air Force Michael W. Wynne

WASHINGTON - *Since November 3, 2005, it has been my privilege to serve this country as the 21st secretary of the Air Force. I have relished the opportunity President Bush gave me to lead the strongest Air Force in the world during a time of war, and I have marveled at the tremendous accomplishments of our Airmen and civilians in their valiant defense of this country and its interests.*

It has been an honor and pleasure to serve as their secretary while working side by side with General Moseley and the magnificent patriots serving in the Department of Defense and the United States government to win today's fight, take care of our people and prepare for tomorrow's challenges.

I have been a long-time proponent of accepting responsibility and being accountable for actions and activities within our Air Force. I have read with regret the recent report concerning the control of nuclear-related assets. Control of this strategic area is a firm commitment by our Air Force to America.

It is in this spirit that I offered my resignation as secretary of the Air Force to Secretary Gates. I have to live up to the same standards I expect from my Airmen.

Even as I do, my heart, my thoughts and prayers remain with America's Airmen who will continue to do magnificent things for this great country.

Resignation statement from Air Force Chief of Staff Gen. T. Michael Moseley

WASHINGTON - *Recent events have highlighted a loss of focus on certain critical matters within the Air Force. As the Air Force's senior uniformed leader, I take full responsibility for events which have hurt the Air Force's reputation or raised a question of every Airman's commitment to our core values.*

For the past 36 years I have been privileged to serve my country as an Airman in the United States Air Force in peacetime and combat. I was honored and humbled to be appointed the Air Force's 18th chief of staff and have been proud to serve our Airmen and their families. Upon taking office, I worked hard with Secretary Wynne to ensure the Air Force provided the right forces at the right time to help our nation and allies win the global war on terror.

I think the honorable thing to do is to step aside. After consulting with my family, I have submitted my request for retirement to Secretary Gates. The Air Force is bigger than one Airman, and I have full confidence that the Air Force will continue working with the joint team to win today's fight, take care of its Airmen and meet tomorrow's challenges. I love the Air Force and remain proud of America's Airmen.

WINGSPREAD

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Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in Hangar 6.

Articles may also be sent by e-mail to news@randolph.af.mil or by fax at 652-3142.

For more information about submissions, call 652-5760.

Pair of San Antonio military hospitals to merge

By Staff Sgt. Matthew Bates

Air Force Print News

SAN ANTONIO (AFPN) – Medical care for military families in the San Antonio area is changing. Not in what it offers, officials said, but where.

Wilford Hall and Brooke Army Medical Centers are set to merge by 2011 as part of the 2005 Base Realignment and Closure Commission recommendations. Combined, the two medical centers will become the San Antonio Military Medical Center, or SAMMC.

Under this merger, all in-patient care at Wilford Hall will move to BAMC and some of BAMC's clinical services, such as dermatology, will move to WHMC.

The goal of this move is two-fold: It will save money and enable the medical centers to provide the best care possible to their patients.

"Basically, this move is making things more efficient," said Maj. Gen. (Dr.) Thomas W. Travis, 59th Medical Wing commander.

In total, more than 200 clinics and support functions will move during the transition to SAMMC. Once the consolidation is complete, WHMC will become SAMMC-South and BAMC will become SAMMC-North.

"The names might be changing, but the quality care our patients are used to will not," General Travis said.

To prepare for the new missions each medical center will be undertaking, BAMC is undergoing a \$750 million renovation and WHMC is receiving \$100 million in improvements.

"Our biggest challenge is keeping both facilities running while these renovations are happening," the general said. "But we're committed to providing the best care possible to our patients. I'm confident we will."

Staff members at each hospital are

also confident, they said.

"This move will help us tremendously," said Lt. Col. (Dr.) William Clouse, chief of vascular/endovascular surgery at WHMC. "We'll be receiving new facilities and capabilities. It's really an exciting time for medical professionals here."

Plus, the colonel added, the move allows Air Force and Army medical personnel to work together, something that's already happening in deployed environments.

"From a total-force perspective, this move is great. In Iraq and Afghanistan, Air Force and Army work side by side in field hospitals," Colonel Clouse said. "Now we'll be doing that here in San Antonio and that will help those people who deploy. They'll already be used to working with other services on a regular basis."

Still, the changes have brought up questions, many of those by military retirees.

"A lot of us are concerned about this move because it means having to drive farther," said retired Col. Harold Ponder, a resident at the Air Force Village retirement community. "Many of us live near WHMC to be close to where we receive our medical care."

General Travis recognizes this concern, but is confident it will not pose a long-term problem.

"I understand where they are coming from," General Travis said. "But this move really won't impact their lives all that much."

For one, the only services moving are in-patient care and the emergency room. WHMC's clinical services will remain at the same location.

"This is actually good for the retiree community, because 90 percent of their care is clinical, not surgical," General Travis said. "Some of



Photo by Master Sgt. Kimberly A. Yearyan-Siers

Lt. Col. (Dr.) Charles Reilly (right) instructs ophthalmology residents from Wilford Hall Medical Center, Brooke Army Medical Center and the University of Texas Health Science Center May 9 at the Joint Warfighter Refractive Surgery Center at WHMC at Lackland Air Force Base, Texas. Dr. Reilly is the consultant to the Air Force Surgeon General for Refractive Surgery and the Air Force's only certified physician trainer for refractive surgery.

their clinics will be closer once the move is complete."

Many concerns have come from misinformation, such as rumors that WHMC is closing. Officials say communication is the answer.

"For many of us, it's just the not knowing that makes us worry," the

colonel said. "It's hard to accept change."

General Travis said this is one change that is good for all involved parties.

"SAMMC is a great thing for patients and military medical professionals in the San Antonio area," he said.



WHO'S YOUR WINGMAN?

THERE ARE SOME THINGS IN LIFE THAT JUST
WEREN'T MEANT TO BE HANDLED ALONE ...

IF YOU NEED A WINGMAN THE BASE CHAPLAIN,
THE LIFE SKILLS COUNSELORS, AND THE PEOPLE
AT 1-800-SUICIDE (784-2433) ARE READY TO HELP.

ONE SUICIDE IS ONE TOO MANY

COMMUNITY

OPERATION FLAGS

Program simulates various aspects of deployment for family members

By Airman 1st Class Katie Hickerson
Wingspread staff writer

A free deployment simulation event for families of military members is scheduled today from 8:30 a.m. to 2:30 p.m.

Operation Families Learning About Global Support is a chance for families to experience the mobility process each of their loved ones go through prior to a deployment.

"This is our sixth time to host Operation FLAGS," said Master Sgt. Todd Remington, installation personnel and family readiness manager said. "This one is going to be our biggest and best one yet."

Operation FLAGS is expected to include about 250 family members. Three groups will be formed, and will rotate through different stations to simulate different aspects of deployment.

The first group will be processed through a modified deployment line complete with representatives from mobility, chapel, military equal opportunity, medical group, family support, and military intelligence while the second group views static displays on the flight-line of aircraft. The last station is at the family support center, where participants see a weapons display and undergo an obstacle course and scavenger hunt.

Each child participant is issued a "war bag," including Operations FLAGS dog tags and ID card to keep as a souvenir. They will also receive a mock mobility folder to take with them to the processing line, adding to the reality of the experience.

"If families understand some of what goes on when their loved one is preparing for a deployment, maybe we can eliminate some stress they may feel," said Sergeant Remington. "If we can

eliminate some of the stress at home, then hopefully it will spread to their family member down-range."

The event is open to all military members and their families.

"Some people think they have to have a family member deployed to come out, but that simply isn't the case," said Sergeant Remington. "We encourage everyone to come out, even if they don't have a family member on mobility status."

Deployments have become a way of life for members of the Air Force and this program is intended to educate as many people as possible, said Sergeant Remington.

After all of the families have visited the different stations, the entire group will meet at the family support center for free food and drinks.

For more information, call the Airman and Family Readiness Center at 652-5321.

Randolph offers fun-packed July 4 celebration

Randolph's biennial Independence Day celebration will kick off Friday, July 4, at 5 p.m. on the South Flight line.

The Fourth of July celebration promises to be a fun-filled evening of family entertainment and included food booths, live music, special children's activities, various sports skills events, a petting zoo with pony rides, interactive inflatables and a fireworks display.

The Scott Wiggins Band will open the festivities and has something for everyone to enjoy to include Texas Country, Americana, Southern Rock, Classic Rock, modern Rock and good old honky-tonk. Zack Walther and the Cronkites play a distinctly potent, yet sweet blend of Americana and modern rock, peppered with pop hooks. The band has a powerful and energetic sound, playing songs that are thoughtful about life and love.

For those hungry folks, at least 26 food booths will offer hamburgers, hot dogs, fajitas, turkey legs, watermelon, roasted corn and more. And of course, the Fourth of July would not be complete without cotton candy, funnel cakes and snow cones. Each food booth is manned by base organizations as fund-raisers.

In addition to the great food and live entertainment, children will have the opportunity to participate in exciting games and crafts. Children will enjoy activities such as jewelry and patriotic hat making, beanbag toss and a variety of other games.

Additionally, there will be a petting zoo with pony rides, a water tag maze, inflated space shuttle obstacle course, a large slide for children and small bouncy castles for toddlers.

Back by popular demand, you can show off

4th of July Festivities Schedule

5 p.m.	Gates open
5 - 9 p.m.	Interactive Inflatables
5 - 8:30 p.m.	Children's Entertainment
5 - 8:30 p.m.	Fitness & Sports Skills
5:30 - 7 p.m.	Scott Wiggins Band
5:30 - 9 p.m.	Petting Zoo, Pony Rides
7:30 - 9:30 p.m.	Zack Walther & the Cronkites
9:35 p.m.	Fireworks
10 p.m.	Event ends

your athletic prowess in the sport skills area. You will have an opportunity to participate in the football accuracy toss, "Hot Shot" basketball, free throw contest and speed pitch contest. These will be open to all ages from 5-9 p.m. so come on out and "show off." In addition to these ongoing sporting events, there will be a family circuit challenge with 10 stations open to all ages.

Visitors are reminded that you are not allowed to bring coolers, picnic baskets, backpacks, weapons, bicycles, skateboards, personal fireworks or pets onto the base. However, everyone is encouraged to bring blankets and portable chairs. Since there is no shade on the ramp area, people are also encouraged to wear hats and use a strong sunscreen.

All vehicles will be subject to inspection by Security Forces while on the installation and the use of cell phones while operating a vehicle on Randolph is prohibited. Personal hand-carried items such as handbags, diaper bags and camera bags will also be inspected by Security Forces before entry into the event area is authorized.

All visitors must enter the base through the south and west gates.

Randolph's Fourth of July events are made possible, in part, by the support of several area sponsors. The Randolph-Brooks Federal Credit Union is sponsoring the fireworks. Other activity sponsors include Magic 105.3, Budweiser and Coca-Cola.

(Courtesy of 12th FTW Services Division)

101 CRITICAL DAYS OF SUMMER

Public Health Flight asks for help combating mosquitoes

By Robert Goetz
Wingspread staff writer

Mosquito breeding pools aren't as plentiful this year because of drought conditions, but steering clear of the pesky insects and the sometimes-deadly diseases they can carry should nevertheless be one of the goals of the 101 Critical Days of Summer.

A unit at Randolph is doing its part to minimize the pain these critters cause.

Personnel from the 12th Aeromedical-Dental Squadron's Public Health Flight are educating base residents, placing mosquito traps at different locations on base and offering mosquito magnets to base residents for use in their yards on a first-come, first-served basis.

"If you see the traps, don't tamper with them," said Staff Sgt. Carin Hyden, NCO in charge, community health element. "The purpose of this is to benefit the Randolph community."

She said Public Health personnel are placing mosquito traps around the base two to three times per week. Typical locations are outside the dormitories, child development center and the Air Education and Training Command building and at Eberle Park and the golf course.

Sergeant Hyden said the traps mimic the breathing of a mammal by using dry ice, which emits carbon dioxide that attracts the insects. A fan then sucks the mosquitoes into a trap inside the device. Female mosquitoes are collected and sent to a labo-



ratory at Brooks City-Base for analysis to see if they are carrying disease-causing viruses or parasites.

The mosquito magnets used by base residents are similar to the traps except that they are powered by propane, she said. In addition, they use a specially formulated Octenol-based attractant instead of dry ice.

Airman 1st Class Elizabeth Lee, community health technician, said the traps placed by the Public Health Flight serve another purpose. They help personnel identify trends in the mosquito population.

"If we identify a high mosquito population, we can make a recommendation to the base Pest Management section to start fogging for the insects," she said.

"A good sign is if we're not catching any mosquitoes," Sergeant Hyden said. "That means residents are making sure no water is accumulating."

Sergeant Hyden said preventive measures are the best way to keep mosquitoes away.

"Make sure you empty the things in your yard that collect water," she said.

Examples are kiddie pools, tires, jars, bottles and flower pots.

Residents can also reduce the amount of standing water by:

- Repairing leaky plumbing and water faucets.
- Cleaning and changing water in bird baths twice a week.
- Not over-watering the lawn.

- Replacing water in pet dishes every couple of days.
- Keeping grass short and pulling out tall weeds.
- Using a broom to sweep puddles out after thunderstorms.

Sergeant Hyden said preventive measures are the best way to keep mosquitoes away.

Bountiful rainfall last year resulted in a greater mosquito population, but Sergeant Hyden said people taking part in outdoor activities should be ready nonetheless. Citronella candles and repellents provide temporary relief.

"The lack of rain will lessen the mosquito population, but you should still keep up your guard," she said. "During outdoor activities you should use repellent."

Repellents that are most effective contain at least 20 to 30 percent diethyl toluamide (DEET). Repellents should be applied to exposed areas of the body as well as clothing but should not enter eyes, the mouth and nose.

Mosquitoes can carry disease-causing viruses and parasites from person to person. The most common species in Texas are the Aedes albopictus, which is associated with the transmission of dengue fever, eastern equine encephalitis and heartworm; Culex pipiens, believed to be responsible for the transmission of the West Nile virus; and Anopheles quadrimaculatus, the chief vector of malaria.

"Mosquito control is everyone's responsibility," said Sergeant Hyden. "Now that you know what kind of insect you are up against and what they can do to you, it's up to you to protect yourselves."

For more information on mosquito control, call Public Health at 652-2456.



Randolph Chapel Schedule

• CATHOLIC

Monday - Friday - Chapel One
11:30 a.m.

Saturday - Chapel One
5:30 p.m.

Sunday - Chapel Two
8:30 a.m., 11:30 a.m.

Confession

Saturday - Chapel One
4:30-5:00 p.m.

Holy Day Masses

Day Mass - Chapel One
11:30 a.m.

Evening Mass - Chapel Two
5 p.m.

• PROTESTANT

Traditional Worship
8:15 - 9:15 a.m.

Parish Fellowship
9:15 - 9:30 a.m.

Religious Education
9:30 - 10:30 a.m.

Inspirational Praise & Worship
10:45 - 11:45 a.m.

VBS in July

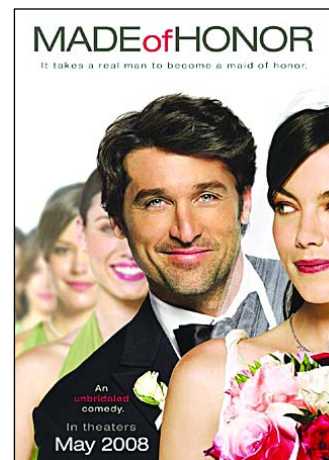
The chapel will host vacation bible school July 14-18 from 8:30-11:30 a.m. For details, call 652-7215 or 652-6121.

MOVIES

Randolph Movie Theater - 652-3278

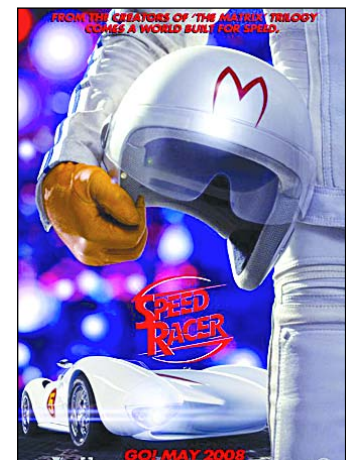
Adults - \$4.00

Children (11 yrs. and under) \$2.00



"Made of Honor"

Patrick Dempsey,
Michelle Monaghan
June 13, 7 p.m.; PG-13, 101 min.



"Speed Racer"

Emile Hirsch, Christina Ricci
June 14, 6 p.m.; June 15, 3 p.m.
PG, 98 min.

Community BRIEFS

AIRMAN & FAMILY READINESS CENTER • 652-5321

• Operation Flags

Operation Flags is 8:30 a.m. to 3 p.m. today at the A&FRC. All Team Randolph family members (not just those currently deployed) can experience the mobility process that a loved one goes through prior to deployment. To sign up, call the A&FRC at 652-5321.

• Driver's safety

A driver's safety course is 8:30 a.m. to 3:30 p.m. Saturday. Taking this course every three years can qualify drivers for a yearly discount on auto insurance. The safety course can also dismiss one ticket per year. To sign up, call the South Texas Safety Council at 824-8180, Monday-Friday from 9 a.m.-6 p.m. Monday-Friday.

• Key Spouse training

Key Spouse program training is June 24 from 9-11 a.m. at the A&FRC. The Key Spouse Program is a new program and a first-of-its-kind within Air Education and Training Command. The primary goal of the Key Spouse program is for trained volunteers to serve as an additional conduit of information between the families of military members on remote tours or deployment and the Airman & Family Readiness Center or unit leadership. For more information call 652-5321.

• Financial briefing

The first-duty station financial briefing is Wednesday from 8-10 a.m. at the A&FRC. The curriculum includes Air Force Aid Society and other financial referral sources, budgeting, checkbook management, credit management, credit scoring, state and county liability laws and San Antonio-specific information. Incoming personnel are scheduled during the newcomers' briefing or can call 652-5321.

• Closed for training

The A&FRC will be closed Thursday from 1-4:30 p.m. for training.

• Give Parents a Break

The Give Parents a Break program is June 20 from 6-11 p.m. Child care for active-duty families is available during this time. For more information, call 652-5321.

• San Antonio tour

A San Antonio tour is scheduled for June 27 from 8:15 a.m. to 3 p.m. Visit some of the historic sites, and stop for lunch and shopping. Child care is provided with home day care providers for children under the age of 12.

For reservations, call 652-3060.

• Heart Link

The Heart Link program takes place June 27 from 8:30 a.m. to 2 p.m. New military spouses or those new to the area can attend. Heart Link will orient members and their families to all the services and programs at Randolph as well as allow them to meet some new people and create new friendships. A light breakfast and lunch will be served and door prizes will be given away. Free child care is available and should be reserved by June 23. To reserve a space, call 652-5321.

EDUCATION CENTER 652-5964

• Scholarship winners

The 2008 recipients of the \$1,500 DECA/Fisher House scholarship are Jonathan Antle, Matthew Carraway, Jared Fitzpatrick, Catheryn Garcia, Sara Harrod, Mark Kubik, Adriene Nixon, Zachary Raygoza and Rachel Schofield.

• Distance learning

Senior NCO Distance Learning Course (12 and 14) enrollment period will change from 12-month to open-ended enrollment (maximum of 72 months). Disenrollment restrictions have been immediately deleted. Students currently on restriction may immediately re-enroll. However, students who are currently enrolled and are disenrolled for a double failure on the same exam must wait 72 hours to re-enroll.

Additionally, students who are disenrolled and then re-enroll will not be granted partial credit for previous enrollments. Course 12 enrollments will close on Dec. 31. On Jan. 1, 2009, all SNCO DL students will be required to enroll in Course 14. Also effective that day, Course 14 will have a built-in download ability to allow the student to download the course and work without an active internet connection.

• College fair

The education center will sponsor a college fair June 26 from 11 a.m. to 2 p.m. at the Airman and Family Readiness Center. More than 25 local and online colleges, Troops to Teachers, Reserve Officer Training Corps programs and other institutions will have representatives available to talk with prospective students and their families.

Those interested in attending college, obtaining teacher certification or finding financial assistance for college are invited to this once-a-year event.



AIRMEN'S SUMMER BASH 2008

Date: July 11
Time: Noon - 5 p.m.
Location: Canyon Lake shelters 4 & 5

Please come out and join us for food, beverages and fun in the sun. We will have free paddle boats, kayaks and canoes. This event is open to all Airmen ranks Airman Basic to Senior Airman and their families that are assigned (both on and off base) to Randolph AFB.



For more information, call Senior Airman Teresa Guerin at 652-4813 or Airman 1st Class Kyle Hicks at 652-3256.

This event is sponsored by the Airman's Activity Committee of AFSA's Chapter 1075, Team Randolph Airman's Council and the Randolph Airman's Dorm Council.

• ACCD

Registration is still under way for summer courses on base. View selection of course offerings online at www.accd.edu for any of the Alamo Community College District institutions. ACCD representatives are located in the base Education Services Office, Building 208, and can facilitate the admission and registration process for any of the local community colleges. Call 659-1096 for more information.

• Wayland Baptist University

Wayland Baptist University's bachelor of science in occupational education is a 124-credit hour undergraduate degree offering majors in justice administration, human services, occupational education, and various others. For more information, call 945-8379 or visit the Randolph office in Building 208, Room 11.

• ERAU

Embry-Riddle Aeronautical University term schedules, syllabi, booklists and other materials are available to currently enrolled students on erau.blackboard.com. Go to the "Communities" tab, then select "San Antonio Center" for access to these electronic documents, newsletters and other information. Call Embry-Riddle's Randolph office at 659-0801 for more details.

• Commissioning programs

The Professional Officer Course-Early Release Program offers active-duty enlisted personnel who can complete all bachelor's degree and commissioning requirements within two years an opportunity for an early release from the active-duty Air Force to enter the Air Force Reserve Officer Training Corps. Application packages must be submitted by Sept. 15.

• ASCP

The Airman Scholarship and Commissioning Program is for selected Airmen released from active duty to enlist in the Air Force Reserve where they have an opportunity to earn a commission while completing their bachelor's degree. Application packages must be submitted by Oct. 15.

• SOAR

The Scholarships for Outstanding Airman to ROTC offers active-duty enlisted personnel the opportunity to earn a commission while completing their bachelor's degree as an Air Force Reserve Officer Training Corps cadet. Deadline for submitting SOAR applications to their MAJCOM is Oct. 15.

For more information, visit www.airforce.com/education/enlisted/ea_comPrograms.php or stop by the local education office.

12th Services Briefs

MISCELLANEOUS

• AETC's Members Rewards program

Air Education and Training Command (AETC) clubs appreciate those people who are club members and are providing scholarship packages for the children of club members. The AETC Member Rewards program runs June 15–August 30 and offers a scholarship for club member's children, ages 12-18, to attend either a space camp or aviation camp offered by the US Space and Rocket Center, Huntsville, AL.

Applications packages for the scholarship are available at both Randolph clubs and must be submitted to the Randolph Enlisted Club or Officers' Club by Aug. 30. Upon selection the recipient has one year to select the camp and dates they will attend. The cost of the 8-day course is \$1,300 and AETC will also provide the student with an additional \$200 to cover other costs associated with the course. The scholarship does not include transportation to and from the campus.

Visit www.spacecamp.com to learn more about space camp. This program is made possible by sponsorship from Silver Eagle Distributors. No federal endorsement of sponsor intended. Stop by a club to pick up an application.

AUTO SKILLS CENTER - 652-5142

• Auto maintenance class

Sign up for a two-session automotive maintenance class July 1 and 8 from 6-8 p.m. Participants learn to change oil, rotate tires and complete a brake job. Cost is \$45 plus supplies. Deadline to sign up is June 29.

BOWLING CENTER- 652-6271

• June special bowling rates

Bowl for \$1.75 per game, per person with \$1.50 rental

shoes the entire month of June. Additionally, Thunder Alley is each Saturday from 8 p.m. to midnight for only \$2.50 per game, per person.

• Father's Day bowling special

Bowling is free for Dads on Sunday from 1–5 p.m. with free rental shoes. Family members can bowl for \$1.50 per game, per person with free rental shoes.

ENLISTED CLUB - 652-3056

• Juneteenth celebration

Celebrate Juneteenth on June 20 at 5 p.m. in the Niteclub with fried chicken, macaroni & cheese, collard greens and biscuits. They will also have a trivia contest on Juneteenth History. The person with the most correct answers wins club bucks.

RAMBLER FITNESS CENTER - 652-2955

• Randolph Warriors mini biathlon

The Randolph Warriors mini biathlon is at 7 a.m. on June 21 at Eberle Park. Participants bike a 10-mile course, dismount and then run for an additional 3.2 miles. Awards are given to first, second and third place finishers. Sign up through June 19 at the fitness center.

GOLF COURSE -652-4570

• Half price golf

Golf for half price (\$12) on Mondays in June, whether riding or walking. An unbelievable deal!

• Father's Day tournament

Celebrate Father's Day on Sunday with some super golf. Tee times are noon to 1 p.m. The cost is \$20 per two-person team and includes a box lunch.

INFORMATION, TICKETS AND TRAVEL - 652-5640

• Season pool passes

Season pool passes are available for purchase at In-

formation, Tickets and Travel, bldg. 897. Cost is \$35 per person for an individual pass or \$75 per family of 3 and \$10 for each additional child.

RANDOLPH RECREATION PARK @ CANYON LAKE - 1-800-280-3466

• Sunset dinner cruises

View the beautiful sunset at Canyon Lake while also enjoying dinner on June 28, July 26 and August 30. The boat departs at 7 p.m. and returns 9:30 p.m. You may choose from a beef, chicken or veggie plate for only \$35 per person.

• June Saturday night sunset cruises

Come aboard for a tranquil evening as you enjoy the sunset over Canyon Lake. The cost is \$3 per individual or \$5 per couple. Bring cheese, wine or your favorite beverage and snack and enjoy a fun relaxing evening. The cruises are tomorrow and June 21 at 7 p.m.

YOUTH CENTER - 652-3298

• Before/After School programs

Register for the Before/After School programs from 9 a.m. to 5 p.m. at the youth center, bldg. 585, until all slots are filled. These programs are open to kindergarten through 6th grade children. Registration packets are available at the School-Age Program admin clerk's desk. Fees are based on total family income.

WOOD SKILLS CENTER - 652-5142

• Beginner's woodworking class

Sign up for this two-session woodworking class July 1 and 8 from 6-8 p.m. Participants learn the basics of woodworking and are certified on the equipment. Cost is \$45 plus supplies. Deadline to sign up is June 29.

GET ON TRACK

Get with the program today! Sign up to participate at <http://usafsports.com>. Once you sign in, track your personal fitness progress online at FitLinxx!

For more information, visit your Rambler Fitness Center today.

YOU > 26.2 > FINISH

START TRAINING TODAY

Relays > Local Runs
 Marathon > Half-Marathon

GO THE DISTANCE

> USAF Marathon [20 SEP 08, Wright-Patterson AFB]
 > Local Marathon

TRACK YOUR TRAINING ONLINE www.usafsports.com

Get running tips and more!

> See how you can qualify for a
Limited Time Offer
 "In Training" T-shirt



No Federal Endorsement of Sponsor(s) Intended

FATHER'S DAY JUNE 15



ENLISTED CLUB

Dads that play bingo or go to Gil's Pub and make a purchase can enter to win a drawing. The prize consists of a cabin and a boat rental for a day at Randolph's Recreation Park @ Canyon Lake, compliments of the club.

OFFICERS' CLUB

Make your reservation now for this scrumptious brunch!

Seating times are 9:30 a.m. & noon

\$19.95 for adult members	\$22.95 for adult nonmembers
\$8.50 for their children	\$10.50 for their children
ages 5 - 12 years old	ages 5 - 12 years old

Children 4 & younger eat free



CSO



Ensign Wayne Bacon
P-3
NAS Jacksonville, Fla.



Ensign Jeffrey Balistreri
P-3
NAS Jacksonville, Fla.



2nd Lt. Catherine Brewer
AC-130 (EWO)
Hurlburt Field, Fla.



Lt. j.g. Leonard Burkland IV
P-3
NAS Jacksonville, Fla.



Lt. j.g. Silas Carpenter
EP-3
NAS Whidbey Island, Wash.



2nd Lt. Kevin Crawford
MC-130W
Cannon AFB, N.M.



2nd Lt. Matthew Gwin
C-130
Ohio ANG



2nd Lt. Galen Hammersburg
B-52 (EWO)
Barksdale AFB, La.



2nd Lt. Steven Hendricks
C-130
Pope AFB, N.C.



Ensign Evan Ladd
P-3
NAS Jacksonville, Fla.



2nd Lt. Daniel Larsen
U-28 (EWO)
Hurlburt Field, Fla.



2nd Lt. Derek McCloy
EC-130H (EWO)
Davis-Monthan AFB, Ariz.



Ensign David McDonner Jr.
P-3
NAS Jacksonville, Fla.



Lt. j.g. Robert Richards
EP-3
NAS Whidbey Island, Wash.



2nd Lt. Edward Roubal
RC-135 (EWO)
Offutt AFB, Neb.



2nd Lt. Sara Shaner
RC-135 (EWO)
Offutt AFB, Neb.



Ensign Aric Shelby
P-3
NAS Jacksonville, Fla.



2nd Lt. James Turner
AC-130H (EWO)
Hurlburt Field, Fla.



2nd Lt. Evan Zangerle
C-130
Little Rock AFB, Ark.

"I love all things to do with aviation and have since I was young. The desire to do something significant and worthwhile with my career and life has been recognized as a CSO in the Air Force."



2nd Lt. Andrew Ruthrauff
U-28
Hurlburt Field, Fla.

"This training has taught me to look ahead instead of worrying about what has already happened. Early on, I would focus far too much on the mistakes I made, but through training have learned to keep a clear mind and look ahead to prevent other possible problems."



Lt. j.g. Daniel Summers
P-3
NAS Jacksonville, Fla.



Air Force, Navy aviators complete combat systems officer training

Twelve Air Force and nine Naval aviators receive their wings during a combat systems officer graduation today. The ceremony is at 10 a.m. in the officers' club.

During the combat systems officer course, which begins at the 562nd Flying Training Squadron, students learn fundamental, system and intermediate navigation. Air Force and Navy students spend about 12 months in training, including a Pensacola course for the Navy and Introductory Flight School for the Air Force.

Navy and Air Force students spend 90 days in the primary phase, learning the basics. They become masters of chart construction, radio aid and RADAR navigation and dead reckoning.

During the intermediate phase, students integrate these systems in a high-level environment scenario. These scenarios provide realistic training mimicking air refueling, over-water operations and joint-warfare principles. After the intermediate phase, students elect to either continue in advanced navigation at the 562nd FTS or do

advanced electronic warfare officer training at the 563rd FTS.

Advanced navigation students learn how to operate in a low-level environment. Advanced timing, target drops, threat reaction and airborne radar approaches round out the curriculum.

Advanced EWO students master advanced employment and planning of electronic warfare and weapons in a state-of-the-art simulator which emulates real-world tactic environments for reconnaissance, bomber and fighter training missions.

FEATURE



Water safety involves knowledge, common sense

By Thomas Warner
Wingspread staff writer

A fun, safe summer on lakes and rivers throughout Texas requires knowing the lay of the land and understanding risks.

With its 101 Critical Days of Summer initiative, Randolph officials continue to educate Airmen and other base personnel on the existing water recreational resources and potential dangers involved with utilizing them.

"I was in the military for 30 years so I've seen how the services try to hammer home the idea of safety, safety, safety," Canyon Lake manager and supervisor Andy Sanchez said.

For example, boat operators on Canyon Lake, the military-sponsored recreation park area north of San Antonio, must be certified with a short course offered at Randolph's outdoor recreation office and other locations off base.

Tubers and rafters are not held to all the same requirements but are asked to be cognizant of basic safety concepts.

"For the safety course, they watch a video and we'll talk to them, then to become certified, they take a test at the end," 12th Services Division community support flight chief Karen Becker said. "The course takes less than two hours to complete and the certification is good for two years."

Passengers in boats at Canyon Lake do not require certification, but all must be in compliance with safety regulations involving life vests, proper alcohol consumption levels and standard boating etiquette.

"There are drownings and numerous accidents every year on Texas waterways – it's inevitable," Ms. Becker said. "The Army Corps of Engineers and Texas Parks and Wildlife are making a big push this year with regard to safe-

ty. They are stopping boats randomly and checking for life vests, etc., and I think that's a good thing."

It is illegal for boaters to have glass containers on board and most water parks and tubing companies usually ask that people not bring Styrofoam coolers on the premises.

"Boating accidents occur from time to time and jet skis can cause problems, as drivers try to cut over a boat's wake and end up cutting right in front of other boats," Ms. Becker said.

Readiness will help people avoid accidents – a concept that's long been at the forefront when the military has sought to educate its personnel.

"People in the military tend to be more regimented and aware of their surroundings than civilians," Mr. Sanchez said. "That's because it's taught to them over and over by military leaders. But nobody is immune from being involved in an accident or dangerous situations."

WATER WATCH

Stage 1 restrictions in sight as Edwards Aquifer's level continues to drop

Base officials urge Team Randolph members to step up water conservation efforts

By Robert Goetz
Wingspread staff writer

Stage 1 conservation measures loom for Randolph water users as the level of the Edwards Aquifer continues to plummet.

A base official said restrictions are possible in a matter of weeks.

"Randolph likely faces Stage 1 water restrictions in the next few weeks as the Edwards Aquifer continues to lose about a foot of water per day with little to no rain in the extended forecast," said Anthony Martinez, Randolph energy manager.

The level of the Bexar index well at Fort Sam Houston was 662.6 feet as of Wednesday, about 5 feet above the 657.5-foot level that marks the imposition of Stage 1 measures. Mr. Martinez said Randolph actually enters Stage 1 when the level is at 657.5 or lower for five straight days.

"When Stage 1 is declared, restrictions apply to

all personnel living, working or otherwise conducting activities and business on base," he said.

Some of the restrictions are already in effect as part of year-round conservation measures, said Hilda Villela-Davis, chief of environmental compliance at the 12th Mission Support Group. One example is that landscape water is allowed only two days a week and is prohibited between 10 a.m. and 6 p.m. Watering days are Saturday and Tuesday for even-numbered street addresses and Sunday and Wednesday for odd-numbered addresses.

Other Stage 1 restrictions on Randolph are:

- Any action resulting in water waste is prohibited. Washing driveways, streets and sidewalks is approved for health and safety reasons only, such as rinsing off bird droppings.
- Privately owned vehicles should be washed at locations that recycle water. Home washing is allowed, but people must use a shutoff nozzle to prevent water waste.
- Charity car washes on base are prohibited.
- Athletic fields should not be watered more than twice a week during approved watering hours, but the golf course is excluded because it uses nonpotable water provided by the Cibolo

Creek Municipal Authority.

Ms. Villela-Davis said Randolph has made great strides in reducing water consumption in recent years.

"We're not even using one-half of what we used five years ago," she said. "A lot of it has to do with the use of reclaimed water at the golf course, year-round conservation and the installation of low-flow toilets."

Mr. Martinez urged Team Randolph members to continue to make water conservation part of their everyday routine.

"It is always important to know how much water we are using," Mr. Martinez said. "For example, when you brush your teeth, leaving the water on could waste up to four gallons of water. The same rules of thumb can be used when turning on faucets inside or outside your home or anywhere on base."

"We should all be mindful of our water use and adhere to the restrictions when they take effect," he said. "Our conservation efforts can go a long way in not only setting the example for the civilian communities, but also ensure we sustain our mission and continue to be good stewards of the natural resources in our trust."

SPORTS and FITNESS

Bowling center back in business, upgrades complete

By Thomas Warner
Wingspread staff writer

An overhaul of the Randolph Bowling Center is complete and the facility reopened June 4.

A one-month closure was needed for upgrades on equipment that was showing its age. Installed at the bowling center is a state-of-the-art QubicaAMF 90XLi pinsetting system, which industry publica-



Photo by Rich McFadden

Mike Drake takes aim at the pins at the recently upgraded Randolph Bowling Center.

tions say uses 30 percent less energy while offering positive innovation, durability and reliability.

"A lot of what was done came behind the scenes, in the back of the facility," RBC employee Lynette Albers said. "The pin setters and other equipment back there were last replaced around 1962."

Much that's new is visible, too, such as the 42-inch scoring monitors which line each lane. The flatscreen monitors serve to illuminate and energize each lane, keeping score and displaying graphics programs that trumpet players' good shots and poke fun at bad ones.

"We've got new touchscreens and several interesting graphics programs which enhance the experience when people come to bowl," Ms. Albers said.

Trained professionals at the RBC's Pro Shop will drill finger settings on purchased bowling balls and offer tips on how to better one's performance. A large sampling of items, from towels to rosin bags to balls, are sold there.

Lockers to store personal items are also rented at the facility, where as many as four leagues are contested and children from the base youth center gather weekly on alternate days in a structured setting to recreate. Still, most of the RBC's business comes from open bowling.

"One estimate said that over 1,600 people use our facility each week," Ms. Albers said.

Bumpers were already in place at the RBC, blocking the gutters and guaranteeing a better score for younger, inexperienced bowlers. The new bumpers are more versatile and can be programmed by groups to be raised or lowered, depending on whose turn it is to throw.

Randolph Bowling Center Hours

Monday - Thursday
10 a.m. to 10 p.m.
Friday
10 a.m. to midnight
Saturday
Noon to midnight
Sundays and holidays
1 p.m. to 9 p.m.

"With all the new equipment out here, it's like having about 100 new cars," RBC manager Bill Baker said. "These upgrades were done for everyone on base to use and enjoy and benefit from."

"There are 24 new upper TVs, 24 new lower TVs, new lanes, new bumpers - we are really fortunate to have some really nice, new stuff."

Through the end of June, the popular "Thunder Alley" promotion is taking place on Saturdays from 7 p.m. to midnight. Overhead lights are dimmed during this period, giving way to black lights, music and fluorescent bowling balls.

The Sparetime Grill remains a fixture at the RBC, with daily hot and cold menu items, plus cold beverages, chips, cookies and candy.

"We have regulars who eat lunch at our snack bar each day and it is open all the way up to 30 minutes prior to the lanes closing at night," Ms. Albers said.

For more information, call the center at 652-6271.

June Group Exercise Class Schedule at the Rambler Fitness Center



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
6 a.m. - Cycling	9 a.m. - Yoga	6 a.m. - Cycling	9 a.m. - Step/Weights	6 a.m. - Cycling	9 a.m. - Kick Boxing
9 a.m. - Step	10 a.m. - Srs. Strength	9 a.m. - Step	9 a.m. - Yoga	9 a.m. - Step	9 a.m. - Pilates
10 a.m. - Water Aerobics	11 a.m. - Step	10 a.m. - Water Aerobics	10 a.m. - Seniors	10:15 a.m. - Cardiofusion	10 a.m. - Zumba
11 a.m. - Step	5 p.m. - Zumba	11 a.m. - Step	11 a.m. - Step	5:15 p.m. - Yoga	
Noon - Kick/Flex	6 p.m. - Kick Boxing	4 p.m. - Power Yoga	5 p.m. - Cardio/Sculpt	7:15 p.m. - Kick Boxing	
5 p.m. - Step		5 p.m. - Combo	6 p.m. - Kick Boxing		
5:15 p.m. - Cycling		5:15 p.m. - Cycling			
6 p.m. - Yoga		6 p.m. - B-Toning			
7:15 p.m. - Kick Boxing					

For more information on any of the exercise classes, call the Rambler Fitness Center at 652-2955.

Sports BRIEFS

Push up competition

The Rambler Fitness Center will host a push-up competition June 23 from 6:30-7:30 a.m. Participants will have one minute to see how many push-ups they can correctly perform within regulations. The first 50 participants will receive a towel.

For more information, call the fitness center at 652-5316.

Water exercise classes

The fitness center conducts water group exercise classes at the center pool every Monday and Wednesday from 10-11 a.m. through Aug. 27. The fee is \$3 per class or patrons can use their passes and the fee will be collected at the Rambler Fitness Center front register.

Intramural softball

Units wishing to participate in the Intramural Softball league, or the Extramural Co-ed softball league must contact Rikk Prado before Wednesday at rick.prado@randolph.af.mil. The season starts June 23.

Varsity softball teams

The fitness center is accepting applications for the men's and women's varsity softball teams. The season runs from August through January. Each team will consist of two-thirds active duty members and will compete in local leagues and tournaments.

Air Force Marathon

Air Education and Training Command is looking for runners to be on the AETC team for the Air Force marathon Sept. 20 at Wright-Patterson Air Force Base, Ohio.

Interested parties may fill out an Air Force Form 303 and submit it to Rick Prado at the Rambler Fitness Center.

Air Force Athlete of the Year

Nominations for 2008 Air Force Athlete of the Year are being accepted until Oct. 6. E-mail rick.prado@randolph.af.mil for instructions on submission of packets.

Softball players needed

The Rambler Fitness Center is looking for varsity-level softball players, both men and women.

If interested, e-mail Tech. Sgt. Dwayne Mumaw at dwayne.mumaw@randolph.af.mil.

Randolph Golf Course

A Red, White and Blue Tournament takes place July 5 at the Randolph Golf Course. The cost for individuals is \$10.

Youth golf clinic

Sign-ups are being accepted for Randolph's Junior Golf Clinic, set for July 7-11 at the course.

The fee for the event is \$50 for youths with their own clubs or \$100 for those who need to rent clubs. Certified professional Brian Cannon will be the lead instructor.

Call the golf course at 652-4653 for information.

Sports and cheerleading

All sports and cheerleading participants can register now through July 31 at the youth center.

For cost information, call the youth center at 652-2088.

Proof of age, such as a birth certificate or military ID card, is required.



Intramural Volleyball Standings

	Won	Lost
AFPC	9	1
AETC/A1	9	1
12th Medical Group	8	3
12th Operations Group	8	3
JPPSO	5	6
12th Security Forces	4	7
AFRS	4	7
AETC/A4M	3	8
12th FTW/ MX	2	8
AFMA	1	9

AFPC assignments team earns second straight championship

By Master Sgt. Kat Bailey

Air Force Personnel Center Public Affairs

More than 600 members of the Air Force Personnel Center here turned out wearing their directorate colors for AFPC's sports day June 4.

The competition started earlier in the week with good-natured heckling, threats and challenges sent by the various directors. However, the challengers got down to real business with the 5K run, the first event.

Maj. Gen. K.C. McClain, AFPC commander, chaired the opening ceremony, 8 a.m. at the Rambler softball field, citing increased esprit de corps and camaraderie as the purpose of the day.

"We work hard every day. We also need to play hard together to help remind us we're all on the same team, fighting the same fight," she said.

Events took place at Eberle Park, Ramble Fitness Center and the Rambler softball field. They included a golf tournament, 5K run/walk, cycling, mummy wrap, balloon stomp, basketball, volleyball, softball, horseshoes, Tug-o-War, dizzy bat relay, bowling, dodge ball, racquetball, push-ups and sit-ups, and the bench press.

Last year's champion, directorate of assignments, did not have to dust off the Commander's Trophy and hand it over; DPA won the championship for the second year in a row earning the privilege to display the trophy and continued bragging rights throughout the year.